Healthcare Before Life...

The time before pregnancy, the preconception phase, is crucial to a healthy pregnancy and for safe childbirth.

A healthy pregnancy begins at the beginning. It has begun even before the embryo is formed. Women, and men, need to be informed on the benefits of a healthy preconception phase.

It is a phase of 12 to 24 months before pregnancy, the length differing among women. The phase is crucial for a healthy pregnancy.

Preconception care is seen as an area of moderately and scarcely recommended measures.

A healthy preconception phase will have a positive effect on the health of the next generation. It is the only time in which health-related decisions can be made that will ensure safety of future generations.

RAG HP/HC would like to benefit from your views, expertise and local networks in implementing actions and projects. And you?!

Preconception and Rotary

Rotary is renowned for its worldwide activities and projects. Rotary is known for its projects that last for years. Preconception care is a long-term project that needs worldwide cooperation.

Preconception care is about awareness, prevention, sustainable, relevant, appropriate, and culturally sensitive recommendations.

Preconception care is a holistic approach, bringing different disciplines together.

In conclusion, I would like to encourage you to make a change and join RAG HP/HC and its Preconception Care campaign.

RAG HP/HC in Seoul

The RAG HP/HC in Seoul, which is a District of Nairobi, has been working on a Preconception Care project. The project has been successful and has been extended to other areas.

The Preconception Care project in Seoul focuses on preconception care for mothers and fathers to improve their health and the health of their children.

The project has been successful and has been extended to other areas.

The RAG HP/HC in Seoul has been working with local authorities and organizations to improve the health of mothers and fathers.

The project has been successful and has been extended to other areas.

In conclusion, I would like to encourage you to make a change and join RAG HP/HC and its Preconception Care campaign.